



ACGMUN'S

THE DAILY HERALD

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**THE 6TH ACG MUN IS
FINALLY HERE! LET'S
BREAK THE BARRIERS**

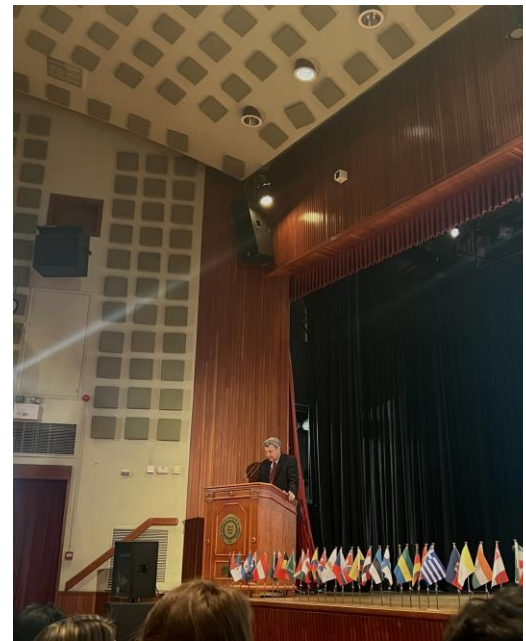
OPENING CEREMONY HIGHLIGHTS

The opening ceremony of the 6th ACG MUN conference was inaugurated by the president of the general assembly, Elena Ioannou. The ceremony started with an introductory video that presented clips from previous ACGMUN conferences as well as with short clips from the news with relevance to current events such as climate events. After the video was played, the PGA gave a speech mentioning this year's theme. 'Breaking barriers' refers to the overcoming of obstacles which can



take various forms. Barriers can be physical, affecting one's physical capabilities and strengths or geographical, impacting state and non-state actors and their cooperation. Other forms of barriers can be social, having either a positive or a negative impact on personal relationships and justice. However, what is of great importance is breaking them. Through education, it's easier for people to remove obstacles and take advantage of or even create new opportunities. Also, through community building by establishing strong bonds with other people, one can break any barriers faced but also by challenging oneself barriers are better handled and dealt with. Next Dr. David Horner, president of the American College of Greece, made a speech emphasizing on the importance of reducing inequality. He also mentions the naïve goals of the UN regarding the protection of the planet, highlighting that it takes effort from everyone to create a better future.

Moving on to Ms. Marialena's Vyzaki speech, gender & sustainability advisor in the UN, which was focused on breaking barriers to achieve gender equality and justice for women to a significant extent. Women face both structural and social barriers by participating in politics and economics. Social and structural barriers that women are faced with even every day, include work life imbalance, harassment incidents and gender unequal



treatment. However, by addressing gender stereotypes, we promote inclusive social structures. Equally important is to believe in a gender equal future and providing young girls with opportunities, since gender stereotypes, according to the speaker, are embedded in curriculum at schools and passed on to the younger generations by their family backgrounds. Another significant aspect where barriers towards women because of gender inequality are portrayed is the field of politics.



Gender based violence is an issue also analyzed by the speaker, since 25% women have experienced physical or sexual violence leading to barriers in women advancements which then can result to trauma and loss of productivity. Concluding she said that even though some countries have introduced legislations and enforced policies, there are still more to be done.

Shortly after these speeches, students from ACG performed traditional dances, providing the opening ceremony with an entertaining and lighter atmosphere. Right after the dance break, Christoforos Foteinelis, secretary general, noted that the theme is defined by broadness and universality and that it is essential to break barriers between states to promote healthy cooperation. To conclude, as the secretary general also mentioned, this year's ACG MUN focuses on global engagement and collaboration, promoting healthy debates and encouraging strong interpersonal relationships.

ICONIC STOFF QUESTIONNAIRE ANSWERS

How do you think WW3 will start?

-Putting Selena stans and Hailey Bieber in the same room (Foteini Gnardelli, Deputy President of WHO)

-Stavros Gewrgas will start it you guys. I've recently seen a video, which proves that he is a robot sent by Turkey in order to soy on us, as Greece. (Dionysis Priftis, President of ICJ)

-Rihanna, works with the Illuminati and they have asked her to find a sneaky way to start the war so they can take the attention off of her and the little pyramid hand thing she did at the Super Bowl. So, Rihanna and all the other celebrities who work with the Illuminati start writing songs shading the government and North Korea. (Zeta Zetou, Deputy President of UNIDO)

-When Taylor Fans will want to rule the world and Taylorism will be the new it-Girl political system all countries must follow (even the ones that are rock based) (Anna Stathopoulou, Chair of GA6)

-If Chris Foteinelis get mad with student officers (Spyros Chronis, Co-Chair of GA6)



What is a trend that altered your brain chemistry?

-The whole “get ready with me trend”. Everyone is sharing their raw(er) everyday life while all using the same 10 make up products. I've bought products that weren't good just because I saw them on tiktok. Hyper consumerism at its finest! (Maritella Petsa, Deputy President of HRC)

-The hoverboard trend back in 2016. I was literally obsessed and I could not think of anything else back then. (Ermioni Gounopoulou, Deputy President of ECOSOC)

-Ice bucket challenge, I am not any sensitive to cold anymore. (Dionysis Priftis, President of ICJ)

-Pasta with tomatoes and feta baked in the oven. (Harris Chatzistamatiou, Co-Chair of GA4)

-Those plastic Dora and barbie phones which all had the same music as their 'ringtone' that you would buy in a kiosk. (Christina Palamidi, Deputy President of WHO)



Most inappropriate moment in which you have laughed during a conference?

- Probably when I had to talk to advisors and secretariat members because two of my delegates were choking each other with their lanyards to see who could last longer for fun during lobbying (I know, it's bad) (Christina Palimidi, Deputy President of WHO)

- When I was the delegate of Italy and someone said in the gossip box that they want to lean their tower in my Pisa (Kathleen Morris, Deputy President of HRC)

- One delegate attacked the delegation of Fiji in a speech, stating "why should we listen to Fiji waters?" (Sokrates Konstantinos Dallas, Co-Chair of GA4)

- "Some delegates have said that this resolution is like an American child... full of holes" (Fragiskos Emmanouil- Kefalogiannis, President of EC)

- A 12-year-old delegate with an Indian accent (Katerina Georgopoulou, President of WHO)

- When someone in our committee at THIMUN started quoting Osama Bin Laden during their speech. (George Boboridis, Deputy President of SPECON)

One thing could you not survive MUN without?

- Depon (Foteini Gnardelli, Deputy President of WHO)
- My voice? (Robert Schippers, Deputy President of HSC)
- Christoforos Foteinelis <3 (Areti Moustaki, President of SC)
- Grandmas food (Stella Athanassoglou, Deputy President of ECOSOC)
- ICJ probably (Spyros Chronis, Co-Chair of GA6)
- Google Docs. (Konstantinos Kyratsopoulos, President of SPECON)



What song would you sing on a karaoke night?

- The pi song (Foteini Gnardelli, Deputy President of WHO)
- Anything by ABBA (Kathleen Morris of HRC)
- On a karaoke night I would sing "Can't take my eyes off of you" (Efi Thodi version of course). (Georgina Anagnostopoulou, Deputy President of Environmental Commission)
- Exile, Taylor Swift (George Boboridis, Deputy President of SPECON)
- "I Want It That Way" without any second thoughts. The supreme karaoke song. (Evangelia Giannopoulou, President of ECOSOC)
- Queen of waves, barbie movie (Konstantia Rammou, President of UNIDO)

Which superhero do you think you could win in a fight and why?

- Literally no one, I can't even fight my younger sisters (Marilia Giannakaki, President of HRC)
- All of them because I'm just better (Marios Katzigkas, Co-Chair of GA2)
- Ben ten, because he is a 10-year-old (Celia Karogelopoulou, Co-Chair of GA6)
- Antman, all you need is some Aroxol spray (Sokrates Konstantinos Dallas, Co-Chair of GA4)
- Thor. He's a god, lives forever and can't be beaten. (Fragkiskos Emmanouil-Kefalogiannis President of EC)
- Peter Griffin no explanation needed (Athinais Lachana, Deputy President of EC)

THE IMPORTANCE OF BREAKING BARRIERS

Breaking the barriers is crucial for personal growth, societal development, and progress. Barriers are obstacles that prevent individuals and groups from achieving their goals, and they can manifest in many forms, including social, economic, political, and psychological barriers. In this essay, we will explore the importance of breaking barriers and how it can lead to positive changes in our lives and the world. Firstly, breaking barriers can lead to personal growth and self-discovery. When individuals are confronted with challenges or obstacles, they have the opportunity to learn from their experiences and develop new skills. Overcoming barriers can help individuals build resilience, develop problem-solving skills, and increase their confidence. Breaking barriers can also provide individuals

with a sense of accomplishment, which can boost their self-esteem and motivate them to achieve more. Secondly, breaking barriers can lead to societal development and progress. Societies that are inclusive and provide equal opportunities for all their members tend to





be more prosperous and harmonious. Breaking social, economic, and political barriers can lead to the creation of a more just and equitable society, where everyone has the chance to contribute and succeed. When barriers are removed, individuals can access resources and opportunities that were previously unavailable to them, leading to a more vibrant and diverse community. Thirdly, breaking barriers can lead to innovation and progress in various

fields. Inventions and breakthroughs are often the result of individuals or groups breaking through barriers that were once thought impossible. For example, advances in technology, medicine, and space exploration were made possible by people who dared to push the limits and challenge conventional wisdom. When barriers are broken, new ideas and perspectives emerge, leading to the development of new solutions and approaches to complex problems. Lastly, breaking barriers can promote understanding and empathy between individuals and groups. Often, barriers arise due to misunderstandings and stereotypes between different communities. Breaking down these barriers can help to create opportunities for individuals to learn about and appreciate the diversity of others. This can lead to increased tolerance, acceptance, and empathy, which can help to create a more peaceful and cohesive society. In conclusion, breaking barriers is essential for personal growth, societal development, progress, and creating a more just and equitable world. Whether it is overcoming personal challenges, advocating for social justice, or pushing the boundaries of innovation, breaking barriers requires courage, determination, and a willingness to challenge the status quo. By breaking barriers, we can create a world that is more inclusive, equitable, and prosperous for all.

